

If you have an urgent safeguarding matter and wish to speak to someone you **should always** in the first instance, contact either, the police service by ringing 999 in an emergency.

If not an emergency, you should contact the police service on 101. Opening times are Monday to Friday 8.00am – 5.00pm; Saturday and Sunday 9.00am – 5.00pm, or the local social services office.

**If you are concerned about the welfare of a child or young person within the Diocese of Down and Connor, please contact your local Children’s Social Services Gateway Team.**

During normal working hours (Mon-Fri: 9.00am-5.00pm) contact details are as follows:

Belfast HSC Trust

Tel: 028 9050 7000;

South Eastern HSC Trust

Tel: 0300 1000 300;

Northern HSC Trust

Tel: 0300 1234 333;

Southern HSC Trust

Tel: 0800 7837 745 / Freephone: 028 3741 5285;

Outside normal working hours (Friday 5.00pm – Monday 9.00am, including Bank holidays):

Regional Emergency Social Work Service

Tel: 028 9504 9999 Email: [resws1@belfasttrust.hscni.net](mailto:resws1@belfasttrust.hscni.net)

**If you are concerned about the welfare of an Adult within the Diocese of Down and Connor, please contact your local Adult Safeguarding Social Services Gateway Team:**

(Mon-Fri: 9.00am-5.00pm) during normal working hours.

Contact details are as follows:

Belfast HSC Trust

Tel: 028 95041744;

South Eastern HSC Trust

Tel: 028 92501227;

Northern HSC Trust

Tel: 028 94413659;

Southern HSC Trust

028 37564423.

Outside normal working hours (Friday 5.00pm – Monday 9.00am, including Bank Holidays):

Regional Emergency Social Work Service

Tel: 028 9504 9999 Email: [resws1@belfasttrust.hscni.net](mailto:resws1@belfasttrust.hscni.net)

If you need to speak to someone from the Safeguarding Office, please ring the Office number on 028 90492798 or email [office@soddc.org](mailto:office@soddc.org)

You can also contact the Duty Mobile: 075 3499 2124.

### **Other Key Contacts and Services of Support**

- If you have experienced Institutional/Clerical/Religious abuse and need Counselling/Support, please contact Towards Healing. Towards Healing is a free, confidential helpline and counselling referral service, which is a Catholic Church response to abuse by clergy and religious.

Freephone from Northern Ireland; from the Republic of Ireland 1800 303416; and Britain 0800 0963315.

Monday – Thursday: 11am – 8pm    Friday 11am – 6pm.

[Towards-Healing-Information-Leaflet](#)

- If you have experienced abuse by Catholic Church personnel in Ireland and need Counselling/Support, please contact Towards Peace

Towards Peace offers Spiritual support for survivors of abuse by Catholic Church personnel in Ireland

Mrs Una Allen, Director

Mrs Colleen Brown, Administration and Development Coordinator

Tel: + 353 (0) 1 5053028

Mobile: + 353 (0) 86 7710533

Monday – Thursday: 10am – 5pm

Email: [towardspeace@iecon.ie](mailto:towardspeace@iecon.ie)

Website: [www.towardspeace.ie](http://www.towardspeace.ie)

[Towards-Peace-Leaflet](#)